

## Non-Hormonal Birth Control Option

Written by Administrator

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Are you looking for a birth control option that's safe, effective, and does not involve hormones? Consider the ParaGard Intrauterine Device. Drs. Bowker and Martez are now offering IUD insertion at our clinic. The ParaGard is one of the most cost effective forms of birth control, since it can be left in place for up to 10 years. For more information on ParaGard, please visit their website: <http://www.paragard.com> . If you would like more information on the procedure or cost, please contact our clinic: (360) 282-4014.